

Therapeutic Brews

HOT CHOCOLATE	7
cocoa, agave, toasted marshmallow	
ALARM CLOCK	8
mct oil, maca root, coconut cream	
<i>Smooth and earthy - energises and supports brain function.</i>	
SWEET RELIEF	8
cocoa, cinnamon, date sugar, nut milk	
<i>Creamy and sweet - calms and promotes hormone and blood sugar balance.</i>	

Shambhala Wellness Juice

CITRUS OF THE DAY	9
WELLNESS JUICE OF THE DAY	12
GREEN AND CLEAN	12
apple, fennel, spinach, spirulina, seeds, nuts	
<i>Boosts energy, immunity and detoxifies.</i>	

Blends

MUSCLE MILK	12
banana, dates, cinnamon, almond milk	
<i>Builds muscle, vitamin, energy rich.</i>	
CULTURE SHOCK	12
strawberry, passion fruit, orange, yoghurt	
<i>Gluten free, aids digestion, supports healthy heart.</i>	

Coffee

FRENCH PRESS	10
ESPRESSO	6
MACCHIATO	6
LONG BLACK	7
PICCOLO	7
FLAT WHITE	7
CAFFÈ LATTE	7
CAPPUCCINO	7

Herbal Tisanes

COMO SHAMBHALA GINGER TEA	7
CHAMOMILE	7
PEPPERMINT	7
LEMON VERBENA	7

Tea

EARL GREY	7
CEYLON	7
SENCHA	7
MASALA CHAI	7
LYCHEE RED	7

Sweet

SOURDOUGH TOAST	8
house-made preserves, cultured butter	
SEASONAL FRUIT	10
tropical fruits of the moment	
BANANA BREAD	12
whipped tahini, coffee, maple	
QUINOA PORRIDGE	14
cinnamon, apple, cranberry, nut milk	
BLUEBERRY PANCAKES	16
honey comb butter	
ACAI BOWL	16
almond granola, bee pollen, banana, berries	

Savoury

REAL TOAST	16
avocado crush, heirloom tomatoes, cucumber	
SPICED LENTILS	16
toor dhal curry, moringa, spinach, rice cakes	
7-GRAIN WAFFLE	18
smoked trout, lemon-ricotta, zucchini, fine herbs	
CROQUE MADAME	20
brioche, organic egg, truffle, cheese sauce	
EGGS BENEDICT	20
parma ham, spinach, hollandaise, sourdough	
FLUFFY WHITE OMELETTE	20
mushroom, leek, roasted tomato	
ORGANIC EGGS	8
to your liking	



COMO
CUISINE

Cake Table
Bakery Basket \$10

Add-ons

ROAST TOMATO	2
POTATO RÖSTI	2
MUSHROOMS	2
SWEET CORN FRITTERS	2
SOURDOUGH TOAST	2
STEAMED GREENS	6
CRUSHED AVOCADO	6
SLAB BACON	6
PORK FENNEL SAUSAGE	6
SMOKED TROUT	6